



Healthy Lincoln County Summer Food Service Program 2016

Learning does not end when school lets out. Neither does the need for good nutrition. Nearly 18 million students depend on free or reduced-price school lunches and breakfasts for 9 months out of the year. For many of these children, summer vacation exposes them to an increased risk of hunger and developmental decline. Children who miss breakfast or lunch are more likely to be sick, absent or



tardy, disruptive in class, and inattentive. They also score lower on achievement tests. Good nutrition is essential for learning in school. The Summer Food Service Program, with support from the USDA, gives our communities in Lincoln County an opportunity to improve a child's physical and social development while providing nutritious meals. The Summer Food Service Program helps all students return to school ready to learn.

Site Locations and Partner Programs:

- Medomak Valley High School: Basketball Camp & Teen Agriculture Program
- Miller Elementary School: Town Recreation Department Camp and Summer School
- Warren Community School: A.C.E. (Afterschool Care Enrichment Program)
- CLC/YMCA Damariscotta: Traditional Day Camp, Sports and Dance camps
- Camp Knickerbocker, Boothbay: Traditional Day Camp, Sports, Theater Camp
- Boothbay YMCA: Day Camps, and open for drop ins
- Davis Island Housing and Campbell Creek Housing
- Clifford Park Playground, Boothbay
- Wiscasset Recreation: Town Recreation Department Camp and Summer School

**12,530 healthy meals served:
4,326 breakfasts and 8,204 lunches
to more than 550 children!**

- Provided nutrition education and cooking demonstrations at sites through HLC SNAP-Ed Program.
- Supported local programs that provide healthy activities for kids in our community.
- Employed 2 MSAD 40 kitchen staff workers during the summer months and 2 AOS 98 kitchen staff.
- Oriented and trained 24 volunteers for the program.



To find out more information or to volunteer during the summer months contact: Patricia Buck-Welton, Summer Food Service and Programs Coordinator *patriciab@mcdph.org * 207-563-1330

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